



ASTROLOGY  
CENTER

OFFERING



# SELF AWARENESS PROGRAM

BY JAVAID JAMAL



## KNOW THE SECRET TO PERSONAL GROWTH AND AUTHENTICITY

### کامیابی اور ترقی کا راز جانیں!

The **SELF-AWARENESS** program has the amazing ability to improve your emotions, thoughts, and behaviors in your life and how you can influence yourself and the people around you. This program enables you to properly identify your strengths and flaws, opening the road for Personal development and improvement.



Associate Member of  
American Federation of  
Astrologers (AFA) USA



**SIMTH INTERNATIONAL**  
THE SCIENCE OF ARCHITECTURE



+92 0321 2407 797



info@astrologycenter.net



www.astrologycenter.net



## what is SELF-AWARENESS?

- Fundamentally, self-awareness is the capacity to acknowledge oneself as distinct from other people; on the other hand, self-awareness necessitates the ability to identify and categorize one's own emotions, ideas, and actions.
- A person who possesses self-awareness is able to evaluate their own mental, emotional, and physical conditions as well as recognize that they have multiple facets of their inner selves that enable them to engage with the outside world.
- A person who considers their own feelings and needs demonstrates self-awareness.
- Self-awareness is being able to identify one's own needs and feelings.
- At its foundation, self-awareness demonstrates that a person is distinct from others in terms of thoughts, desires, and needs. More broadly, self-awareness enables an individual to respond to the following inquiries:

- Who am I?
- What do I desire right now, or in the future?
- What should I do next?
- What are my thoughts on a given topic/situation?
- How am I feeling right now (physically and emotionally)?







# SELF AWARENESS PROGRAMME

BY JAVAID JAMAL



### what you'll LEARN?

- Will start looking for the underlying source of specific issues that you really wish to resolve.
- Understand the significance of our acts and our silence in certain difficult times in our lives.
- Take a new approach and try to understand why certain situations take on a negative shape utilizing the
- notion of Psychological Astrology.
- Learning about the psychological effects of a certain planetary influence
- Analyze conditions and seek opportunities to improve one's life.

### join our SIGNATURE COURSE

Join our signature course Self-Awareness Program at **Astrology Center** Karachi, offered for the first time in Pakistan! As the brand course in personal growth, this innovative program combines Psychological Astrology, or AstroPsychology, to help you reach your full potential. With professional assistance, identify your emotional tendencies and strengths.

اپنی زندگی کو بدلنے اور سب کے ساتھ مضبوط روابط بنانے کے لئے آج ہی

**سیلف اویئر نیس پروگرام**

میں شامل ہو جائیں اور آغاز کریں ایک روشن سفر اور مستقبل کی جانب!



+92 0321 2407 797



info@astrologycenter.net



www.astrologycenter.net

ONLINE  
COURSE



DURATION  
6 WEEK

# SELF AWARENESS PROGRAMME

BY JAVAID JAMAL



## Course Detail & Fees

- Certification Course.
- Course Duration: 6 Week
- 2 Classes / Week
- 12 Classes
- Class Duration: 1 Hour through Zoom meeting.
- Admission Fee: Rs. 5000/-
- Course Fees: Rs. 50000/-
- Total Fees: Rs. 55000/-
- Fee for Foreign Students: 190USD.

## Contact

-  Suit No. A,49, Sector V2,  
Gulshan-e-Maymar,  
Karachi-Pakistan.
-  +92 0321 2407 797
-  [info@astrologycenter.net](mailto:info@astrologycenter.net)
-  [www.astrologycenter.net](http://www.astrologycenter.net)



Take **Right** Direction  
FOR BETTER LIVING 



Associate Member of  
American Federation of  
Astrologers (AFA) USA



**SIMTH INTERNATIONAL**  
THE SCIENCE OF ARCHITECTURE

 +92 0321 2407 797

 [info@astrologycenter.net](mailto:info@astrologycenter.net)  
 [www.astrologycenter.net](http://www.astrologycenter.net)

**WORLD  
RENOWNED  
TECHNICS**  
FIRST TIME IN PAKISTAN